



# *The CCPS All-Points Bulletin*

**Mission: To reduce crime, enhance public safety and assist victims throughout North Carolina.**

*February 2010*

## Message from the Secretary



We warmly welcome back the soldiers of the N.C. National Guard's 30<sup>th</sup> Heavy Brigade Combat Team who have been serving in Iraq since last April. While there, they trained Iraqi police and army forces and improved the country's infrastructure. The soldiers joined in combat missions with Iraqi forces and while doing so, endured the loss of five guardsmen. In all, seven were killed and 29 were wounded. Please remember all of these servicemen in your thoughts and prayers. They have made a tremendous sacrifice to ensure the freedoms that we in this country typically take for granted.

Back to back winter storms have kept the state's Emergency Operations Center on its toes. Thanks to those employees who worked past normal business hours to provide standby emergency coverage if needed. We are grateful that there were minimal traffic accidents and power outages.

The work we do here at the Department of Crime Control and Public Safety can affect the lives of every person in this state. Kudos to the quality of work each of you do. I am encouraged by your enthusiasm and teamwork, and I'm proud to be a part of this forward-looking department. Keep up the good work!

*Reuben Young*

## ***Congratulations!***



*The following employees were promoted:*

State Capitol Police: **David Richards**

State Highway Patrol: **Daniel Barnes, Kenneth Joines, Michael Marshburn, Will Thurston and Thomas White**

*The following employees celebrate significant service milestones in their state careers:*

### 25 years

State Highway Patrol: **Sharon Amos, Trooper Robert Pruett**

### 20 years

Information Systems: **Ed Bottum**



## ***Comings and Goings***



*Welcome to our new employees:*

Emergency Management: **Dennis Hancock**

Governor's Crime Commission: **Libby Stucky, Shanda Sumpter and Keith Sutton**

State Capitol Police: **Garry Wheeler**

State Highway Patrol: **Richard Buff, Leah Readling and Debra Reilley**

*Best wishes to our recent retirees:*

Alcohol Law Enforcement: **Roger Hutchings**

State Highway Patrol: **Ricky Doss, Jamie Hatcher, Ronald Locklear, Clark White and Thomas Wright**

# **SIX N.C. CIVIL AIR PATROL CADETS WIN SECOND PLACE**

## ***National Cyber-Space Championship***



**BURLINGTON** – Six Civil Air Patrol Cadets from the Burlington Composite Squadron came in second place following a national high school cyber defense championship in Florida on Feb. 19.

The Burlington squadron, known as *The Double Deuces*, was narrowly defeated by *Team Doolittle* from Clearfield, Utah.

The Burlington squadron was one of eight teams that competed and won in the CyberPatriot II

competition, sponsored by the Air Force Association. The initial competition had more than 200 high school Air Force ROTC members and CAP teams from 42 states, Korea and Japan.

“This is the largest high school cyber defense competition ever held,” said Lt. Col. Lucy Davis, director of the Civil Air Patrol Division. “The division and the N.C. Wing Civil Air Patrol are very proud of these cadets and the adults that have supported this event.”

The Burlington CAP team was the only North Carolina team to advance to the championship round. Team members are cadets Jordan A. Andrews, David B. Peterson, Joshua S. Jordan, Zachary N. Baughman, Marico E. Bernal and Will J. Buslinger.

During the CyberPatriot II competition, the CAP teams had six hours to find and correct vulnerabilities in a virtual network. They were tracked and scored according to success and speed.

During February’s championship round, the cadets competed in the most complicated series yet of live challenges and faced an opponent that countered their cyber space defense strategies.

## ***Black History Month***

Gov. Bev Perdue proclaimed February as Black History Month in North Carolina, noting the national theme: *The History of Black Economic Empowerment*.

The proclamation states that more than 200 years of slavery and decades of Jim Crow laws deprived African-Americans of the benefits of their labor that helped build and shape our nation. Throughout our nation's history, African-Americans have strived to overcome the circumstances that prevented equal access under the law. Brave men and women challenged the status quo and risked their lives in an effort to realize the words of our founding fathers, that all men are created equal.



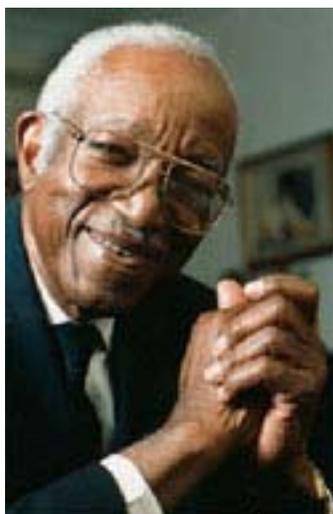
*Thelonious Monk*

In the proclamation, Gov. Perdue notes African-American legends such as abolitionists David Walker and Harriet Jacobs, educators Dr. Charlotte Hawkins Brown and Dr. James E. Shepard, scholars John Hope Franklin and Anna Julia Cooper, artists Romare Bearden and Selma Burke, craftsman Thomas Day, theologian and civil rights activist Pauli Murray, writer Maya Angelou and musicians John Coltrane, Thelonious Monk, and Nina Simone went from being citizens of North Carolina to citizens of the world.



*Anna Julia Cooper*

North Carolina has more four-year historically black colleges and Universities than any state with Shaw University in Raleigh being the first to open in the South. The majority were established shortly after the Civil War to help provide access to a quality education and tools to overcome social and economic disparities created by centuries of slavery and oppression.



*John Hope Franklin*

Feb. 1 marked the 50th anniversary of the beginning of the Greensboro sit-ins movement at F.W. Woolworth, a groundbreaking, internationally significant act of nonviolent protest led by the Greensboro Four of North Carolina A&T and subsequently joined by students from other institutions.

In the early 20th century, businesses owned by African-Americans lined Parrish Street in Durham, becoming nationally recognized as Black Wall Street.

North Carolina is committed to Black economic empowerment and of the efforts of the N.C. Conference of the NAACP, N.C.

Community Development Initiative, N.C. Association of Community Development Corporations, N.C. Institute of Minority Economic Development, N.C. Minority Business Center, N.C. Office for Historically Underutilized Businesses and many other organizations dedicated to ensuring that all North Carolinians have access to the resources necessary to fulfill the American Dream.



To read the full proclamation, go here:

<http://www.governor.state.nc.us/NewsItems/ProclamationDetail.aspx?newsItemID=897>

---

## ***Award Nominations***



Do you know a colleague who deserves recognition? If so, you can fill out the Department Awards Nomination form found on the CCPS Web site, (go to Employees/Human Resources/Awards). The nomination must be endorsed by management in the division or section's chain of command as being accurate and worthy of consideration. Once it is submitted to the Human Resources Office, the department awards committee evaluates the nomination and if approved, goes forward to Secretary Young for consideration.

If the nomination successfully passes through these approval stages, then the nominee is honored at an award ceremony, presented with a framed certificate and authorized to receive a special leave award.

There are five different award categories: Distinguished Service, Meritorious, Heroism, Commendation and Division.

For more information on the various awards, go to [www.nccrimecontrol.org](http://www.nccrimecontrol.org), click on Employees, then Human Resources, then Awards.

---

## ***Web Site Updates***

See something that needs updating on the CCPS Web page? You can send your edits to CCPS Graphic Artist Kathy Mason, [Kmason@nccrimecontrol.org](mailto:Kmason@nccrimecontrol.org) or to Public Information Officer Patty McQuillan, [pmcquillan@nccrimecontrol.org](mailto:pmcquillan@nccrimecontrol.org).

## **Wellness Section**

**By Terri Butler**  
**CCPS Wellness Coordinator**



### February is **National Wise Health Consumer Month** **Wellness Program**

Because we spend more and more time at work than any other place, finding the time to exercise or focus on wellness outside of work can be a challenge. The CCPS Wellness Program provides information on healthy living and other health-related resources. Visit the Wellness Program link on our CCPS Web site under Employees.

### **Be Active Challenge**

The Be Active Challenge is a fun and easy way to get healthier. The Be Active Challenge is open to all North Carolinas and is sponsored by North Carolina Amateur Sports.

If you are interested in forming a Be Active Challenge team of two to 10 members, visit [www.ncsports.org](http://www.ncsports.org). It's only \$5 per team member and that cost includes a T-shirt, weekly nutrition informational emails and the chance to win monthly program contests. More than 150 teams participated last year including one team from CCPS. We hope to have more CCPS teams represented this year. (The *Be Active Challenge* is not endorsed or sponsored by the N.C. Department of Crime Control and Public Safety, but is encouraged as part of healthy living.)

### **5 K Walk Like MADD! (Mothers Against Drunk Driving)**

MADD's signature walk is coming up on March 27 in Raleigh and on June 26 in Charlotte. This is a fun community-driven 5K walk that raises funds and saves lives. Get more information at [www.supportmadd.org](http://www.supportmadd.org).

MADD's mission is to stop drunk driving, support the victims of this violent crime, and prevent underage drinking. For more information visit the CCPS Wellness Program link or <http://support.madd.org>.

## **Healthy Tips**

### **Healthy Moving:**

"Doing powerful moves in the morning, when you aren't tired, delivers energy-fueling oxygen and glucose throughout the body so you feel full of life all day long," says trainer Michael George.

### **Managing Stress:**

To nix pounding head pain fast, swing your arms forward and backward quickly as if you were power-walking and pumping your arms in stride. Called *li shou*, this ancient Chinese technique boosts circulation in the arms and hands, drawing blood away from the head, where pulsing veins put pressure on cranial nerves and cause discomfort.

# Employee Spotlight



**Trooper Mary Reynolds** is assigned to work at the Governor's Mansion, providing security and transportation for Gov. Bev Perdue and her family and 24-hour protection to the mansion itself. After a decade of patrolling the highways, Reynolds successfully made the transition to the executive protection detail and she has enjoyed her nine years in this important role.

"I love the fact that you meet so many different types of people, and watching how they interact with the governor," Reynolds said. "We travel with the governor to events and see her everyday. She is awesome – just like we are talking – a great person and concerned about our families. We are like a family within a family."

Reynolds said she always wanted to be either a state trooper or a nurse because she loves working with people. She was 40 years old, working full-time as a correctional officer at the N.C. Correctional Institution for Women and part-time at a Knightdale grocery store when she was approached by then SHP Sgt. Scott Hunter who was in charge of recruiting at the time and now is chief of State Capitol Police. Hunter said he'd gotten a lead that she might be interested in becoming a trooper. He tracked her down at the grocery store and gave her a recruitment packet. She told him she was over the cut-off age of 36. He told her the patrol had just waived the age-limit, so she filled out the application and was accepted.

"I was in pretty good shape," Reynolds said. "I'm a sprinter, not a long-distance runner, but I had good upper body strength and was good at push-ups and sit-ups. I was the best at push-ups. I was determined I was going to make it."

Reynolds said she was training with 20-, 30- and 40-year-old men. She is one of only six black females to ever make the patrol ranks.

"That was sheer determination on her part," Hunter said about her making it through the rigorous patrol training.

"I wish my mom and dad could have seen me become a trooper," Reynolds said.

Born in the Virginia foothills in the town of Critz, Reynolds was married in 1974 during her junior year in high school. She dropped out of school and began working at a local nursing home. She and her husband had three children, but in 1984, they divorced and

she moved to Goldsboro. While working at a manufacturing company in Goldsboro, Reynolds attended Wayne Community College where she earned her general education diploma. She was working in Goldsboro until the company had a layoff in 1990. A friend of hers was a correctional officer and encouraged her to apply at the N.C. Correctional Institution for Women in Raleigh. She said, "Prisons, no way." She eventually reconsidered, turned in her application and was hired.

"I worked in every department at the women's prison: the hospital, single cell with the death row inmates, dormitories, the kitchen and transportation," Reynolds said. She was part of the Prison Emergency Response Team, and when the state had a shortage of prison beds, she helped transport the inmates out of state to other facilities. She also worked three years in the administration offices of the Division of Prisons.

Reynolds came from a family of five girls and two boys. She said her parents instilled in them that all people, no matter who they are or what they've done are still people. "Treat people with respect, and you get respect," Reynolds said.

She enjoyed her time at the Department of Correction, but was thrilled to be able to pursue her dream as a highway patrol trooper. In 1998, once she made it through the patrol's basic training, Reynolds was assigned to Warren County. She bought a home in Norlina and was happy patrolling the roads. After being assigned to the Governor's Mansion, she commuted from Norlina for nine years before selling her home and moving to Raleigh.

Because Reynolds was working 12-hour shifts at the mansion, she was able to pursue an associate degree in criminal justice at Vance-Granville Community College, graduating in 2006.

"Mary is an exemplary employee," Sgt. Scott Parrish, head of the Governor's Executive Detail, said. "She serves as an example to all the other Executive Detail members who look to her as a leader because she's been here so long. She's very personable, good in dealing with members of the governor's staff as well as visitors to the mansion. She always conducts herself in a professional manner."

Reynold's has three grown children, Antoinette, James and Matthew who have given her several grandchildren. Reynolds said her eldest daughter, Antoinette, was two pounds, 14 ounces at birth and born legally blind.

"She is the highlight of my life because she was such a strong baby."

The University of Virginia had run tests on Antoinette and was going to try a new procedure on her that could turn bad. When a nurse remarked about Reynold's calmness before the procedure, Reynolds said, "God's got her," and she knew the outcome would be fine, and it was.

Antoinette lived for several years at the Governor Morehead School for the Blind and the Louisiana School for the Blind. Both institutions later asked her to come back and teach living and reading skills. Antoinette went on to college.

“I see the strength in her. She’s just remarkable,” Reynolds said.

In her spare time, Reynolds loves to go motorcycle riding, bowling, doing yard work and anything outdoors. “My most favorite is that I love to cook.” She cooks old-fashioned, high-calorie food such as fried cabbage, pork chops and red velvet cake made from scratch. “My sister Betty and I – we can burn some food, now.”

Reynolds has two more years before she is eligible to retire. “Being a black female and becoming a state trooper is an honor, truly a blessing,” Reynolds said. “I made it.”

##

---

The *All-Points Bulletin* is your newsletter! If you have information you would like included, please contact the Public Affairs Office at (919) 733-5027 or send e-mail to [pmcquillan@nccrimecontrol.org](mailto:pmcquillan@nccrimecontrol.org) before the 15th of each month.